

MASK POLICY AND GUIDELINES

- **Effective 5/14/22, masks are optional for all classes.**
- **Class sizes are slightly reduced to accommodate 3 ft. distance between yoga mats.**
- Kashi Atlanta's state-of-the-art HVAC and air purifying system provides enhanced air circulation and virus protection. This significantly improves air quality and provides the safest environment for practicing yoga. We have also added new virus protection technology into our air circulation systems - three Global Plasma Systems, which use positive and negative ions to disrupt pathogens and make them inactive. These systems create no ozone or harmful byproducts.
- For indoor classes, please arrive 10 minutes before class.
- Bring your own mat and props.
- Teachers will stay on their mat and only use verbal assists in class.
- All in-person teachers are fully vaccinated.
- We are asking non-vaccinated people to participate in classes and workshops virtually
- Those who are fully vaccinated should email a photo of their vaccination card to info@kashiatlanta.org in order to access registration for indoor classes.
- Sanitize or wash your hands before class. Sanitizer, soap and wipes will be provided.
- Studio surfaces are stringently cleaned and sanitized with disinfectant each day..
- You may book your classes and check yourself in online using the [Kashi Atlanta Mindbody website](#) or MindBody app, up to 7 days in advance. This will enable us to offer Contact-Free Check-In.
- If you aren't feeling well or have a cough, fever or symptoms of COVID-19, please do not attend class for your well-being and that of your teachers and classmates.
- If you have tested positive for COVID-19 or have been in close contact with someone who has, we ask that you not come to the studio for 14 days or until you've tested negative.

*We are so grateful for
your continued support and
look forward to seeing you in class!*